

## Rehab Charlottetown

Rehab Charlottetown - EECp therapy is a relatively new outpatient treatment used for heart failure and angina. People with heart ailments can find the simple daily activities somewhat tough. Activities like for example walking the dog or getting the mail can present some difficulties. If you or somebody you know experiences heart failure or angina, the non-invasive treatment called EECp therapy can be beneficial. Statistics show that around 80% of people who complete the 35 hour course of EECp therapy report significant symptom relief that may last up to 3 years.

EECP therapy has been proven beneficial for angina and heart failure treatment. Treatments could be given for an hour a day, up to 5 days a week for as much as 35 hours. A treatment will normally require lying on a table using large blood pressure like cuffs wrapped around your legs and buttocks. At specific times in between your heartbeats, these cuffs deflate and inflate. A continuous ECG or electro cardiogram is used in order to set the timing. This insures that the cuffs inflate while the heart is in its resting state where it normally receives its supply of blood and oxygen. Then the cuffs deflate at the end of that rest period, just prior to the next heartbeat. The individual wears a special sensor on their finger in order to check the levels of oxygen in their blood. The sensor also checks the pressure waves created by the cuff deflations and inflations.