

## Charlottetown Massage Therapy

Charlottetown Massage Therapy - Manipulation of the visceral organs is actually a manual treatment that works on the visceral organs of an individual's body including the intestines, heart, liver, and abdomen. Once the first evaluation has finally been done, the hands of the practitioner will be gently positioned on the organs that could be blocked and are not moving with the natural rhythm of the body causing some form of physiological impairment. The objective of this treatment is to have normal motility and mobility, inherent tissue motion of the tone and viscera. Our bodies need balanced movement in order to be healthy and work correctly. When tissues become infected or swollen, they are known to lose natural movement.

Mobility is defined as the pulling and pushing of all the surrounding tissue. Visceral organs move in response to various exterior forces that can be either involuntary or voluntary. The functional impairment of the organ implies limitation.

The kinetic expression of the tissues in motion or the organs active, basic movement is referred to as Motility. Inscribed inside the visceral tissues are the embryologic axes and directions of these movements and they happen round a point of balance and moves toward the median axis of an individual's body. This is actually called inspir and expir, and cycles between seven and eight cycles for every sixty seconds. The goal of enhancing organ function and restoring better physiological movement is obtained by means of making use of particular methods so as to treat parts of altered or decreased movement.