

## RMT Charlottetown

**RMT Charlottetown - Aura Cleansing** - This kind of energy healing can be performed making use of crystals or one's hands. The point is to be able to remove any dark energy that is in the auric field. The healer next infuses the aura with light, reshapes and rebalances it and lastly energizes it with positive energy.

**BioGenesis** - BioGenesis is a technique using colored glass wheels in order to transfer and harness the energy of creation itself into your energy body. Normally, a BioGenesis energy healer will frequently have you lie on a table and get into a state of deep relaxation. She or he positions the small glass wheels on various parts of your physical body so as to anchor the light of creation inside your energy body.

**Chakra Healing** - Chakra healing goes deep to the core of your energy body and clears out blockages. It opens the channel which connects your seven chakra centers. This particular energy healing is performed in different methods and is could be effectively combined with Emotional Freedom technique tapping and Rapid Eye Movement therapy.

**Crystal Healing** - Crystal healing could be done utilizing different semi-precious and precious crystals and stones to assist in the getting rid energies, bringing your energy body in balance with your physical body. By combining the vibration frequency of different colored stones together with the vibratory frequency of crystal energy helps regulate your energy field to a higher level.

**Matrix Energetics** - Created by Chiropractor Dr. Richard Bartlett, Matrix Energetics was designed to the idea of moving past therapeutic concepts to the source known as the solution set. The methods depend on the two point system archetype, on active imagination, gentle touch, even time travel and a set of 21 healing frequencies.

**Qigong** - Qigong translates as "energy cultivation" and is literally the "breathing- in" of results. There are four various types to Qigong method including: the static hold of certain postures, focused visualizations, active movement and using certain tools like herbs and body manipulations. These techniques are made use of to support and rebalance a healthy energy system.

**Reiki** - Japanese Buddhist Mikao Usui first "discovered" or received - Reiki during 1922. Energy healers must pass through a system of three degree levels. Each and every level works directly with the energy body. In Reiki, there are a series of set hand patterns over particular parts of the body. Generally, in Reiki there is no physical contact involved even though, some Reiki practitioners may use some light touch over parts.

**Shamanic Healing** - Shamanic energy healers utilize spirit allies in order to assist their healing powers for others. Frequently, a Shamanic healing starts by taking a "visualization journey" while the Shaman quickly beats a drum. In the end, the Shaman and the client are in a trance like state. After they have both relaxed into the trance condition, the Shaman who is usually lying or sitting next to the client, will come across animal totems, angels, spiritual helpers or the client's higher self to be able to find the problem within the energy field and source the energy tools needed to cure the concern.