

EMS Charlottetown

EMS Charlottetown - Constitutional Hydrotherapy is a method which joins electrical muscle stimulation or otherwise known as EMS along with a hot compress and a cold compress. This particular therapy works by means of stimulating the immune system that enables the patient to reposition from a dominant sympathetic state to a relaxing parasympathetic state, helping to stimulate the healing process within the body. The electrical muscle stimulation causes muscular contractions to be able to enhance venous and lymph blood circulation.

Constitutional Hydrotherapy is also utilized as a complementary treatment meant for various conditions like for example irritable bowel syndrome, asthma, respiratory infections, premenstrual syndrome plus many other health conditions to be able to help support the immune system. On average, patients may require as many as 10 treatments in order to see results.