

## Microdermabrasion Charlottetown

Microdermabrasion Charlottetown - The condition of Dermatitis Herpetiformis is a chronic skin condition characterized by blisters filled with a watery fluid. It is otherwise known as DH or Duhring's Disease. The name implies the meaning in that it is a skin disease which has the specific appearance similar to herpes, however, the condition is not caused by or related to the herpes virus. DH was first described by Dr. Louis Duhring during 1884, thus the name. In the year 1867, a correlation between gluten intolerance or celiac disease and DH was recognized. In the majority of cases, the age of onset is usually 15 to 40 years, although, DH can also affect the elderly as well as children. Women and men are likewise affected. The prevalence of DH varies from 1 in 400 to 1 in 10,000.

### Symptoms

DH has a characteristic rash which contains chronic papulovesicular eruptions and is extremely itchy. Typically, this rash is distributed symmetrically on extensor surfaces like for instance the knees, elbows, back of neck, buttocks and the back. The blisters could vary from being up to 1 cm across to extremely small. As this particular condition is extremely itchy intensive, the need to scratch could be overwhelming. This may cause the person to really scratch blisters off before they can be checked by a physician. Intense itching or intense burning sensation are occasionally felt prior to blisters appearing in a specific part.

The severity of Dermatitis Herpetiformis could differ over time if not treated. usually, the first indications appear in early adulthood, between the ages of 20 and 30 years old. The first noticeable signs are the small vesicles or papules that resemble bumps or blisters. The first signs are intensive burning and itching. Normally, the very first blisters appear on the shoulders, on the lower end of the spinal column, along the hairline and at times in the mouth. Rarely, does the rash happen on several mucous membranes other than the mouth or the lips. If gluten ingestion is avoided and the right treatment is administered, the symptoms usually disappear. In some cases, taking oral contraceptives may exacerbate the signs.

The symptoms of dermatitis herpetiformis are persistent. Normally, the signs tend to come and go, usually in short periods of time. These signs can be accompanied by fatigue and abdominal pain and other indications of celiac disease.

The rash that is caused by DH forms and disappears in 3 stages. Initially, the patient could see a slight discoloration of the skin where the lesions appear. Then, the skin lesions transform into noticeable vesicles and papules that are likely to occur in groups. The healing stage of the lesions is the final stage of development. Normally this set of indications is characterized by a skin color change. This can result in areas of the skin turning lighter or darker than the color of the skin elsewhere on the body. Due to the intense itching, people generally scratch which can result in the formation of crusts.