

## Chemical Peel Charlottetown

Chemical Peel Charlottetown - Chemical peels make use of chemical solutions on the skin as a body treatment technique. These methods are used to be able to smooth and improve the skin's texture by a procedure which helps to eliminate dead skin cells. The newer, regenerated skin is normally smoother and less wrinkled compared to the top layer of skin. People can get these treatments through a plastic surgeon, an esthetician, otolaryngologist or dermatologist. It is suggested to look for professional assistance from one of the abovementioned health practitioners though, some kinds of chemical peels can be bought and administered without a medical license.

### Kinds

There are a lot of kinds of chemical peels, comprising Alpha hydroxy acid peels or likewise known as AHAs. These kinds of acid peels are naturally occurring carboxylic acids like lactic acid and glycolic acid. Glycolic acids are a natural constituent of sugar cane juice. Lactic acid for example can be found in sour milk and tomato juice. These are the mildest of the peel formulas and they are suitable for acne, parts of dryness, the treatment of fine wrinkles and uneven pigmentation. Some individuals incorporate AHAs into their facial cleanser or moisture cream in lesser concentrations so as to use them as part of their daily skin-care routine in order to improve the skin's texture.

There are 5 major fruit acids including: citrus acids, tartaric acid, derived from grapes, malic acid derived from apples, glycolic acid from sugar cane and lactic acid that is derived from milk. There are other alpha hydroxy acids which exist and are likewise used.

The citric acids in chemical peels are typically derived from pineapples, oranges, limes and lemons. These peels are effectual and simple, although, one treatment is usually not invasive or capable of having significant improvement.

Glycolic acid creates a mild exfoliating action. These peels are formulated from sugar cane and work by loosening up the superficial top layer of the skin. While it exfoliates the top layer it also stimulates collagen growth. These peels can irritate the skin more. Some glycolic peels make use of strontium nitrate so as to lessen skin irritation. This is a component which has been strictly banned in cosmetic use and has high toxic potential.

Malic acid is another mildly invasive peel derived from apple extract. It can open up skin pores and help the pores expel their sebum, hence decreasing acne.

The lactic acid found in bilberries or sour milk help to promote skin by getting rid of dead skin cells.

Tartaric acid comes from grape extract and is capable of delivering similar benefits of the above items. Chemical peels are not indicated for treatment of wrinkles. There are various kinds of peels which are derived from retinoids, including: Beta Hydroxy Acid Peels consisting of Jessner's Peel, Retinoic Acid Peel Retinoid Acid. This particular type of facial peel is performed in an office of a plastic surgeon. These deeper peels are stronger than beta hydroxy acid peels and are utilized in order to get rid of scars, pigmentation and scars. Various examples of chemical peels comprise: phenol peels and trichloroacetic acid peels.

### Chemical Peel Complications

Complications can take place depending on how deep the peels are. As chemical peels are so risky, chemical peels need to be administered by licensed dermatologists. The possible problems consist of: texture changes, pigmentary changes, prolonged erythema and millia or white heads.